

October - Senior

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September - 27	28	29	30	October - 1	2	3
	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 7:00-9:00 AM
4	5	6	7	8	9	10
	Swim: 5:00-6:45 PM	NBHS Meet NO PRACTICE	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 7:00-9:00 AM
11	12	13	14	15	16	17
	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 7:00-9:00 AM
18	19	20	21	22	23	24
	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 7:00-9:00 AM
25	26	27	28	29	30	31
	Swim: 5:00-6:45 PM	NBHS Meet NO PRACTICE	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 5:00-6:45 PM	Swim: 7:00-9:00 AM

NOTES: Please contact your group coach regarding make-ups for 10/6 & 10/27