

SURGE AQUATICS

Practice Schedule (Covid-19)

Starting September 2020

Groups	Days of Practice	Practice Time
Developmental (D)	Monday - Friday	Group 1: 4:30-5:20 PM Group 2: 5:20-6:10 PM Group 3: 6:10-7:00 PM Group 4: 7:00-7:50 PM (As assigned by Coach Block)
Developmental 2 (D2)	Option 1: Monday/Thursday Option 2: Tuesday/Friday	
Developmental 1 (D1)	Option 1: Monday Option 2: Wednesday	
Training (T)	Monday through Saturday	6:45 – 8:00 PM (M-F) Saturday: 7:00 - 9:00 AM
Training 2 (T2)	Option 1: Monday/Thursday Option 2: Tuesday/Friday	
Training 1 (T1)	Option 1: Monday Option 2: Wednesday	
Senior (S)	Monday - Saturday	5:00 – 6:45 PM (M-F) Saturday: 7:00 - 9:00 AM
Senior 2 (S2)	Option 1: Monday/Thursday Option 2: Tuesday/Friday Option 3: Wednesday/Saturday	
Senior 1 (S1)	Option 1: Monday Option 2: Wednesday	



SURGE
AQUATICS